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Supported lodgings

An alternative to supported housing

Chennel Lawrence – Director of Operations



Supported lodgings



- A decent room in a decent house
- + A comprehensively trained householder who is committed and reasonably rewarded
- + A matching process for young people and householders
- A fully trained support worker supporting both householder & young person
- = A service with some major advantages
- Increased successful primary prevention (return home) when delivered alongside Restoring Families Service.

ELAN Emergency Lodgings Accommodation Network



▶ <https://www.youtube.com/watch?v=r4-CmbZ5XWc>

- ▶ CAYSH have delivered & developed Supported Lodgings services for over 17 years and have over 100 householders across London
- ▶ Emergency Lodgings Accommodation Network (ELAN) is an emergency accommodation service for homeless 16-21 year olds in South East London.
- ▶ The service was commissioned under a Grant made by the South East London Housing Partnership (SELHP) and the project is delivered by CAYSH.
- ▶ Its intention was to combine the interests of Bexley, Bromley, Greenwich, **Lewisham** and Southwark Councils.
- ▶ The service was launched in October 2012 with the expectation that it would run for up to two years. The ELAN scheme success resulted in a number of extensions exceeding its two year expectation.
- ▶ A 3 borough extension for this service is in development.

ELAN LEWISHAM (LBL)



Actual placements 24.12.2012 – 14.10.2015

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◀ **Lewisham 28**

◀ **X 6 current householders in LBL**

◀ **Average Stay (days) 49**

Young peoples and a Host's experience of ELAN



My householder made me feel that she was not supporting me because she had to but because she wanted to.

I get a sense of achievement when a young person makes such big changes in their lives and I can see it before my eyes over the time they live with me.

I was nervous at first about the idea of moving into a strangers home, but within a few days I felt totally settled in. My host did not allow my boyfriend to stay overnight. This sometimes annoyed me, but I know she put that rule in for good reasons.

I've housed and supported a variety of young people now with varying support needs. I feel supported lodgings is so important as some of the young people I have housed I believe would be too vulnerable in a hostel setting.



Lodgings advantages

- ◀ Better structure of service for some clients
 - ◀ Newly homeless; more vulnerable; pregnant young women; young people with exceptional experiences; young people who benefit from responsibility
 - ◀ Higher quality outcomes
 - ◀ ETE averages 85% or more
 - ◀ planned move-on 100% 2014/15 Elan (higher than SH)
 - ◀ *Lower £cost for commissioners
 - ◀ £136.75 revenue funding
 - ◀ £195.65 Accommodation cost (typically HB funded)
 - ◀ Total cost per young person, per week £332.40
- *approximate as service type and therefore funding varies

Lodgings disadvantages



- ◀ Recruiting and training householders is both tough and time consuming
- ◀ Keeping them on board is tough
 - ◀ Especially if a placement breaks down badly
- ◀ It's the opposite of the deep-end
 - ◀ Service exit is not sped up by a Lodgings placement (but successful exit more likely)
- ◀ Not suitable for traditional homeless families

Lodgings for families



- Young mothers and pregnant women (<21)
- All the advantages apply
- A fully scoped move-on programme would be a pre-requisite
- Emotionally attractive proposition for householders
- Dynamics of HH/client relationship key to ensuring successful transition to both parenthood and independence.

Final Summery



- ▶ ELAN's / Lodgings outcomes compared to the costs and outcomes of alternative emergency accommodation support CAYSH position to continue to deliver and innovate supported Lodgings services. We look forward to making the service even better having established good working relations with local authorities who wish to utilise. Including:
 - ▶ More use of restoring families model for <18
 - ▶ Widening the service to support young parents

Chennel.lawrence@caysh.org

